

Energy in Pellet Form



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Homeopathy is energetic medicine in pellet (or liquid) form. The pellets are the carrier of the energy imprint from particular substance to the sick (or injured) person. Take the “right” energetic imprint and your body is stimulated in just the right way to clear the symptoms itself.

Common everyday Arnica montana is often the first experience people have with homeopathy. A friend recommends this remedy for a sprained ankle or a bad fall. You find it works. Maybe you even buy a vial to keep on hand. It feels so familiar to take a few pellets or tablets for pain that you begin to think about Arnica almost like you do aspirin.

In reality, when Arnica works for you, you have had an experience with energetic medicine! How and what it does is so very different from everyday aspirin!

THE SOURCE

Arnica montana, the remedy, is made from Arnica montana, the plant, and is also known as Wolf's Bane or Leopard's Bane. Belonging to the Compositae plant family (the daisy family), Arnica is very much an alpine plant, occurring at and above 3000 feet altitude and as far north as the Arctic. Arnica loves open landscapes, often growing where trees have fallen and in forest clearings. Its roots go deep and anchor in the level of decayed soil.

Battered by the weather and long winters, it reaches for bright sunlight and bounces back from the ways the harsh environment seeks to injure it. Historically, mountaineers and climbers at high altitudes have turned to the plant for help with exhaustion, climbing accidents and circulatory problems.*

REMEDIES AS ENERGETIC MEDICINE

Homeopathic remedies are made by a very specific

process of serial dilution and vibration (succussion). In simplest terms, the 30c potency you pick up at the store is diluted 1 part of ground Arnica plant to 99 parts carrier solution, then 1 part of that solution to another 99 parts of the carrier solution and so on for 30 times. This diluted remedy solution is then placed on the lactose or sucrose pellets you buy.

According to Avogadro's law of physics, when the number of dilutions passes 12 there are “no molecules” of the Arnica left. When dilutions pass the mark of Avogadro's law, the healing power of the remedy is on the energetic level alone. In fact, when you dilute even more than 30c, the energetic healing power of the remedy becomes even stronger.**

When you buy the 30c potency of Arnica montana pellets in a health food store, you are getting the “energy imprint” of the Arnica montana plant. The imprint from the Arnica montana plant is for “mountain climber” injuries. When you have a sprain or a fall, your body feels pounded or smacked down as if you have fought to stay upright in wind and snow (like the plant). You may feel wronged or beat up (emotional expressions of those kinds of injuries). Some other sensations of the remedies in the Compositae family include wounded, brutalized, numbed, knocked, and abused: all things you might feel after an injury or accident. The energy of Arnica montana, the plant, matches your energy in that injured state: that's what makes the Arnica homeopathic remedy work for you. That is the “like cures like” of homeopathy.

BEYOND ARNICA MONTANA

Whether you are choosing remedies for specific acute states such as injuries or common simple illnesses, or a homeopath chooses a remedy for someone with a serious long term chronic condition, a match must be made between the energetic imprint of the remedy (i.e. the substance it's made of) and the energetic



imprint of the “sick” state of your patient (i.e. the symptoms). No result from the homeopathic remedy you took? The match that was made between symptoms and remedy was off the mark. Take homeopathic Arnica for arthritic pain and you get some slight, short term relief but it will not do the trick. Arnica does not carry the imprint for that kind of situation.

ACUTE HEALTH SITUATIONS

Homeopathic remedies for simple first aid, like Arnica montana, are the easiest to use. The matching that is necessary between symptoms and energetic pattern from the source of the remedy is very simple, clear and reliable. Ruta grav for tendon and ligament injury, Ledum for reactions to insect stings, and Cantharis for burns are other examples. Some acute conditions such as colds or flu need a bit more detailed matching between remedy and energetic imprint, but it's still uncomplicated enough for you to succeed at home.

CHRONIC HEALTH SITUATIONS

Homeopaths working with chronic conditions match energetic imprints in a much more complex and detailed way, considering mental, emotional, and physical patterns as well as family patterns. This level of matching is impossible to do for yourself. I recently treated a woman still carrying very old emotional trauma after a brutal illegal abortion over 50 years ago. She described her most basic fear “as if someone else has control of me. I am afraid he or she will take parts of my body.” After many tries to find a remedy to relieve this sensation, I finally realized her energetic experience was like that of an elephant, an animal whose calves are stolen, whose body parts are harvested and sold. One high potency dose of the remedy lac loxodonta African, milk from an African elephant, removed her fear, distrust and grief because the pattern of her experience matched the experience of the elephant. It is all about the energy pattern.

ENERGY IN PELLET FORM

Arnica montana pellets are so much more than a “natural version” of aspirin! The next time you take Arnica, think alpine flowers, mountaineers, high dilutions and energetic imprint. Homeopathy is energy in pellet form.

*Thanks to Frans Vermuelen for his description of Arnica montana, the plant, in his materia medica “Prisma.”

**Studies are now occurring on “nano-particles” and the action they can bring to bear. Some believe these studies will apply to homeopathy.

