

What is Possible

When You Don't Accept Standard Limitations

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*The person who says it cannot be done,
should not interrupt the person doing it.*

-Chinese proverb

By the time I reached Healing Touch (HT) Level 3 in November 2007, this proverb became my motto based on the numerous times I had witnessed HT facilitate the healing of conditions and issues where clients, including myself, had been told -- there was nothing more that could be done -- they would have to cope with their problems, take pills for the rest of their lives, and/or give up sports for a long period of time.

The following example depicts what is so very possible with HT:

Canadian Thanksgiving Monday (Oct. 13) 2008: Lorenz, a 63-year-old man, had two strokes in 24 hours, leaving him with impaired vision and speech. Immediate surgery failed to completely unclog the blocked artery found in his neck, leaving no improvements in his condition or in his brain wave activity.

As per standard protocol when there is little hope, his wife, Carol, was asked if an order for a "DNR Level 2" (Do Not Resuscitate) could be obtained. Carol was mortified at the suggestion and told them not to do any such thing, not to have anyone in the room say anything negative in front of him, even if he was not conscious, and that she would not talk about any type of will, except for his will to live. She told them to wait and see -- he'll come back -- he'll be fine

Then she called me and told me the shocking news and the prognosis, asking if there was anything we could do. I could not physically go to Calgary since I lived three hours away and had

to work full-time, so I asked her if she was willing to work with me long distance and commit 100% to it. She was. I told her:

- Anything was possible with Healing Touch from what I've seen and researched.
- Do not accept the limitations they've given you/him; ignore whatever they say is not possible.
- We will work together with him to achieve nothing but 100% full recovery and he will be fine (we will not think of any other goals or possibilities).
- Considering all this, we proceeded with faith for the highest good of Lorenz, whatever that would be, releasing our attachment to the outcome.

I then proceeded to guide her in doing HT techniques onsite while I did intense distance healing from my town, emphasizing that her intentions were more important than the technique details. Only three days later, the hospital changed their prognosis to 100% full recovery expected in a year, asking Carol for permission to document this as a medical miracle for their medical journals (this hospital was the top stroke centre for all of western Canada). By the fourth day, he was able to speak coherently if he didn't think hard about it, and even though his sight was somewhat impaired in his right eye, he was already walking up stairs in rehab, assisted by a therapist. He did have pain in his hip and one leg, and was working with a therapist to strengthen the muscles to try and stop some of the pain.

Within three weeks following the stroke, he was released from the stroke unit into the rehab unit. A week before Christmas: he was released from the hospital, with weekly speech therapy to follow. By February, his vision returned to pre-stroke acuity, and

his legs and hip were in way better shape than pre-stroke, virtually pain free.

How is this 'miracle' possible? I do not view this as a miracle, but rather, as an expected outcome. When the client is willing to commit to work with you 100% in setting and achieving their goals (especially with the help of dedicated family in this case), everything is possible. When we learn that it's only our own thoughts that limit us, we can free ourselves from standard conventional thinking. This client was not active, fit, or in healthy shape prior to the stroke; rather, he was the opposite. Now, he is much better on all fronts, with a new attitude on health. He also was not a believer of HT back then, but he certainly is now.

In hindsight, I believe it was helpful that I was never trained in the medical field, and did not know much about strokes (I'm an office manager). The less I know about how anatomy, conditions, and diseases 'should' work in the conventional world, the more I can help focus the client on what is possible holistically with energy, intention, and their own natural abilities. Carol, her husband, and my minds were not clouded or cluttered with negativity or doubts about what strokes are supposed to do or be. We concentrated solely on the goals we set, and when he was not able to voice an opinion on the "DNR" suggestion, she knew he wanted to live and was not ready to leave her.

It has been an honor and privilege to receive that call to work with them. If more couples would show the courage, love and dedication Carol showed in taking action while facing adversity in its darkest moment, we would see many more of these 'miracles'. There are so many other results I've seen that people consider miraculous after only one treatment, but I see such results as the norm! (Note: Carol asked the hospital to record that HT was the method used, but we were not able to learn if that transpired.)