

Spontaneous Evolution: *A Universal Love Story*

By Dr. Bruce H. Lipton and Steve Bhaerman

The story of evolution is a love story. A love story for the entire Universe -- you, me, and every living organism.

Act I opened billions of years ago when a wave of light from the sun collided with a particle of matter. That spark of love between Father Sun and Mother Earth gave birth to a child on this blue-green spheroid. That precocious child, called *life*, has made Earth its playground ever since, multiplying into an endless array of magnificent forms. Some of those forms are with us today, but many more have become extinct and will never be known.

The curtain rose on Act II of this love story some 700 million years ago when certain *single-celled organisms* decided they'd had it with the single life. Realizing they could not live alone, they turned to one another and said (in whatever primal language single cells speak) "Baby, I need your lovin'." And thus, the *multicellular organism* was created.

Act III began over a million years ago when multicellular organisms evolved into the first consciously aware *humans* to arrive on the scene. With consciousness, life was able to observe itself, reflect, and create its own future. Life could experience and appreciate love and joy. Life could even laugh at itself and, eventually, come to write articles like the one you are now reading.

Act IV traces the evolution of *human clans* who joined forces and carved the globe into nation states. At the present time, we find ourselves near the closing moments of this act, wondering if the play ends here, like a Greek tragedy that always ends badly. Looking at our chaotic world of human dysfunction and environmental crisis, we seem to be headed for an inevitable train wreck. Fortunately for us, the Greeks also had five-act plays; these were comedies filled with laughter, joy, happiness, and love.

Our book, *Spontaneous Evolution*, is a story about how we can safely navigate from Act IV to Act V. The good news is that biology and evolution are on our side.

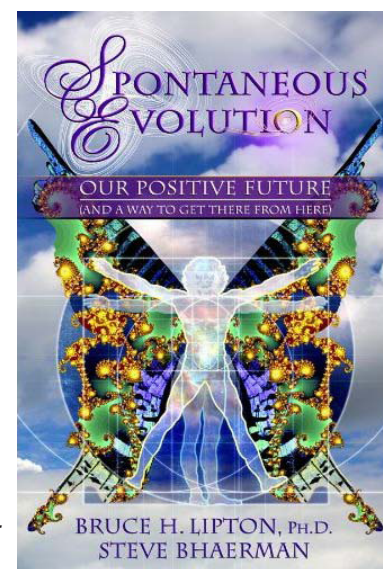
Inherent within all living organisms is an innate drive to survive, known by science as the *biological imperative*. Contrary to what conventional science and religion have been telling us, evolution is neither random nor predetermined, but rather an intelligent dance between organism and environment. When conditions are ripe—either through crisis or opportunity—something unpredictable happens to bring the biosphere into a new balance at a higher level of coherence.

While we often perceive of examples of *spontaneous remission* as miraculous healings that happen by the grace of God, looking a little deeper we see something else at work. Quite often these fortunate individuals actively participate in their own healing by consciously or unconsciously making a key, significant change in their beliefs and behaviors.

So here is the bad news and the good news. The story of human life on Earth is yet to be determined. If there is to be an Act V, it will depend on whether we humans are willing to make changes in our individual and collective beliefs and behaviors, and whether we are able to make these changes in time.

For millennia, our spiritual teachers have been pointing us in the direction of love. Now science is confirming that ancient wisdom. We and all cells are collectively in the body of an evolving giant super-organism we call *humanity*. Because humans have free will, we can choose to either rise to that new level of emergence or, in the manner of dinosaurs, fall by the wayside.

Like it or not, our future depends on the choices we make as a species.



All You Need Is Love – Really!

From Jesus to the Beatles, we humans have spent the past 2,000 years hearing -- and resisting -- the message of love. Perhaps now that science is echoing ancient wisdom in this regard, we might actually heed the message. That, and the inconvenient fact that our survival depends upon it.

Thanks to the current paradigm of scientific materialism, most of us believe (if not consciously, than unconsciously) that life is a dog-eat-dog rat race, a dire competition where only the most fit survive. However, science now tells us that this Darwinian view is distorted. In actuality, environments survive and evolve as systems. Whatever helps to balance that system thrives, while that which does not fit falls by the wayside. Thus, the real evolutionary principle is “thrival of the fittest.”

Our planet is facing what scientists are calling the Sixth Great Extinction. The other five were apparently caused by objects from outer space. This time, the culprit comes from “inner space” – our own invisible beliefs that have spun us outside the web of life. Beginning with monotheistic religion telling us that we humans are superior and apart from other creatures on the planet, exacerbated by scientific materialism insisting human technology has the power to “conquer” nature, we have focused so heavily on our fitness as individuals, we have failed to recognize that our fitness as a species is up for examination.

All the current markers tell us that we are in danger of flunking third dimension.

However, the most transformational tool in our human toolkit – and the one we have largely ignored for the past two millennia – is love. This love we are talking about is not some mushy-gushy sentiment, but the glue that holds our world together. According to Dr. Leonard Laskow, a surgeon who discovered his own innate ability to heal with love, writes in his book [Healing With Love](#), “*Love is a universal pattern of resonant energy.*” In this sense, two or more tuning forks vibrating together are in love with each other, just as two or more humans can resonate in a palpable field of connectedness, joy, and even ecstasy. Love, he said, “*is the universal harmonic.*”

Love and Evolution

If indeed love is a resonant harmonic, then a case can be made for evolution being the evolution of love itself. From the first spark of life ignited by the wave of light impregnating the particles of matter on Earth, every stage of evolution has involved two things -- greater connection, and greater awareness.

While we should beware of anthropomorphizing cells – they *hate it* when we do that – in a very important sense, when single cells joined to become multi-cell organisms, they “surrendered” to a higher level or organization, and “agreed” to live in harmony. In other words, love.

The same has been true of individuals affiliating in tribes, and tribes affiliating as nations. At each stage, individuals (or groups of individuals) have become *aware* of how *connecting* in community would enhance their well-being. Taking a cue from the Iroquois Nation, America’s founders designed a system where individual states gave up their right to arm themselves against one another. Think for a moment what it would have meant for states to have armed borders, and the inevitability of a border skirmish. Certainly, America’s prosperity has been due in part to not having to spend precious resources defending against other Americans.

On a worldwide scale, imagine what we could do with the trillions of dollars we spend on weaponry. Certainly, an argument can be made that while the vast majority of us may be peace loving, we would still have to defend ourselves against those who are not. This is true. However, we are all too commonly mobilized by our “leaders” against a perceived enemy, when in actuality the true “enemy” is the field of beliefs that reinforce an absence of love – and those who mislead and manipulate that field.

At this next phase of evolution, this new super-being called Humanity must emerge from individual awakening, rather than be imposed from the top down as some kind of “new world order.” By the time you finish *Spontaneous Evolution*, we hope you will have a better understanding of past programming, current knowledge, and future possibilities. Most importantly, you will see how all of us can change our programming, our own and civilization’s, to create the world we have always dreamed is possible.

Spontaneous Evolution introduces the notion that a miraculous healing awaits this planet once we accept our new responsibility to collectively tend the Garden rather than fight over the turf. When a critical mass of people truly own this belief in their hearts and minds and actually begin living from this truth, our world will emerge from the darkness in what will amount to a *spontaneous evolution*.

Adapted from *Spontaneous Evolution* by Bruce Lipton and Steve Bhaerman (Hay House, 2009). All rights reserved. To find out more about Spontaneous Evolution, please go to http://www.wakeuplaughing.com/SponEvo_Info.html.

About the authors:



Steve Bhaerman is an internationally known author, humorist, and workshop leader. For the past 23 years, he has written and performed as Swami Beyondananda, the “Cosmic Comic.” Swami’s comedy has been called “irreverently uplifting” and has been described both as “comedy disguised as wisdom” and “wisdom disguised as comedy.” Since 2005, Steve has written a political blog with a spiritual perspective, *Notes From the Trail*, hailed as an encouraging voice “in the bewilderment.” His latest book, written with cellular biologist Bruce H. Lipton, PhD is [Spontaneous Evolution: Our Positive Future and a Way to Get There From Here](#) (Hay House, 2009). Steve is active in transpartisan politics and the practical application of Spontaneous Evolution. He can be found online at www.wakeuplaughing.com.

Steve Bhaerman will be a keynote speaker at this years **Healing Touch Worldwide Conference** in San Antonio, TX on August 25th-28th. [Click here](#) for more details.



Bruce H. Lipton, PhD is an internationally recognized leader in bridging science and spirit. Stem cell biologist, bestselling author of [The Biology of Belief](#) and recipient of the 2009 Goi Peace Award, he has been a guest speaker on hundreds of TV and radio shows, as well as keynote presenter for national and international

conferences.