



Integrating Your Energy Healing Practice with Modern Medicine

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I have been working with energy and Angels my whole life. Seven years ago, when I first started openly working with my Angels, they told me that we were going to be working with modern medicine. The picture they showed me was of people around the world looking at energy practices as mainstream. Many of you have received the same message, probably years before me.

Over the years, the Angels have continued to show me that when we work hand in hand with modern medicine we can provide better outcomes for our clients. The explanation is simple. If you look at modern medicine, you will see they have an array of tools to help their patients, including medicines, machines and procedures. They generally know the expected outcome of their methods from their prior experiences dealing with different illnesses. As energy workers, we work in a different way to help. We are seeing that when we mix modern medicine's tools with our energy tools, the outcomes change. Time and again, I have seen that it works for a better result when we work together.

When I began to meet other energy practitioners, I realized that not all of them looked at it the same way. There has been a fear of crossing some imaginary boundary where we were on one side and the doctors and modern medicine were on the other. It is as if working together will take something away from either "side." I have a friend who is a doctor and I tell him about what we are doing and what I have been shown. Then he tells me how he sees it fitting into his world which has helped me understand a lot. I have found more joy in building bridges than in trying to build walls.

When we started to work with fibromyalgia clients at our Wellness Center using Cleansing Flow™, our cellular based energy therapy, we realized some of them

needed help dealing with deeply-ingrained emotions. We decided to partner with therapists who could help our clients. At first the therapists did not know what to expect from us. After a while they understood how much we helped clients with their physical pain - how we added value to their lives. As we developed trust and a good working relationship, the therapists noticed that our work was somehow helping them with their work with these clients. One of the ways we help them is by energetically "opening" clients so they can talk about their issues more freely. When we do a Cleansing Flow™ session before a client's therapy session it seems to bring issues to the surface more rapidly, so the therapists can start working on real issues much sooner. By working together and being open to how we could help each other, we found common ground. That is how it starts, by one side reaching out.

We have also had it happen the other way – someone from the medical side reached out to us. We had been helping clients deal with the side effects of chemotherapy. We found that when we adapted our basic Cleansing Flow™ session to add other techniques shown to us by the Angels, it really helped cancer clients with nausea, pain and other side effects. This was a really big deal for our clients because it allowed them to attend to their normal activities - working, shopping, playing with the grandchildren – instead of feeling sick and out of energy. One day, one of our clients told us her oncologist would like to have some of our business cards. When we asked why, we were told that he and his office had seen the way we helped with pain and nausea issues and they wanted to know more. We had not consciously set out to partner with oncologists. We were just doing our work, helping clients with their health. When we got in touch with the doctor's office, we did not need to do anything more than listen to how they saw us working together. It started a dialogue



between us that we are now building upon. Just by keeping the doors open, in walked another opportunity for working together.

As these doors of opportunity have opened, the Angels have shown us new ways to expand our knowledge. They are showing us how to put our toolbox or “crucible” of techniques together in ways that are more specific for certain diseases. Revealing to us how to approach things like autoimmune diseases and

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cancer as a complete program, from start to finish. They are helping us not only in the context of energy healing techniques, but also in how to integrate with modern medicine. As we learn new ways to use these energy techniques in specific client wellness programs, we are teaching them in Cleansing Flow™ workshops for experienced energy practitioners. We are expanding our reach by teaching our techniques – and collaboration.

I tell my students, “Do not worry about how other people look at what you do, just do your job and have confidence in the fact that you are part of the change.” I can see the effect that it is having in my small part of the world. My vision is that if we all do our part and work together we can *transform the world through energy healing.* €