



Be the Change

Master Charles Cannon and Will Wilkinson

The Reiki master closes her eyes and exhales slowly, inaudibly, hovering over her client. The polarity therapist empties his mind and notes a tingling in his fingers. The shaman crouches near the fire and enters a trance-like state. They are all practitioners of Energy Medicine, each connecting with “source” in their own unique way and preparing to flow a specific energetic exchange with others.

Energy Medicine, in its many forms, remains a mystery. How does it work? Why does it work for some and not for others, at sometimes and not at other times? Are only a few rare individuals born with special gifts or can anyone learn how to experience and transmit healing power?

We are encouraged to explore our potential by biologist Rupert Sheldrake (2012) who wrote:

The delusion that science has already answered the fundamental questions chokes off the spirit of inquiry. The illusion that scientists are superior to the rest of humanity means that they have little to learn from anyone else. They need other people’s financial support, but they do not need to listen to anyone less scientifically educated than themselves. In return for their privileged position, scientists will deliver knowledge and power over nature, trans-

forming humanity and the earth.¹

In his 1981 book, *A New Science of Life*, Sheldrake introduced the concept of “morphogenetic fields” (M-fields), described as “invisible organizing patterns (that) act like energy templates to establish forms on various levels of life.”² Proving a causative relationship between energy and matter was, of course, established by Einstein with his signature Theory of Relativity, but even he was troubled by quantum discoveries which he called “spooky action at a distance.”

Most of us are familiar with occurrences that validate this illogical relationship. On May 6, 1954, Roger Bannister became the first human to run a mile in under four minutes. Suddenly, other runners began doing the same. Sheldrake sees this as proof that once one person has accomplished something novel, it is easier for others to follow suit. One pioneer changes the M-field and this evolved field is instantly available to others.

David Hawkins (2012) wrote in *Power vs. Force*:

We are all familiar with the fact that new ideas often seem to arise in the minds of several far-removed people at the same time. Somehow, the M-field acts as an organizing principle, like a sort of general magnetic attraction. An M-field does not



have to move anywhere. It is a standing energy field that is everywhere present. Once it is created, it exists as a universally available pattern throughout the invisible universe.”³

If these M-fields are universally available, then the measurement of genius changes from innate or learned ability to skills of accessing. This means that none of us needs to feel inadequate when it comes to developing energy healing talents. We can learn how to access the appropriate fields. There are courses of study, skilled practitioners with whom to apprentice and perception exercises that enhance our own

Some call this “source,” others use the word God or love. Something is transmitting power to us and through us. Our hearts beat. How? Courtesy of the same force that is steering the stars.

This force keeps us alive. It automatically transmits beyond our body as an aura and we can learn how to transmit our energy consciously, spreading “good vibes” in every moment of every day. This prepares us for special occasions when a particular focus of transmission may be needed. That requires training, but everyone can learn to do it.

We have entered the domain of “Energy Medicine,” not first as a healer of others but as a participant in the mysterious dance of life force originating from a source beyond description.

unique, dormant abilities. Those of us who follow the call and become Energy Medicine practitioners come to understand that the entirety of our lives—through every twist and turn—has actually been preparing us perfectly for this work.

The vast majority of us who never train to become healing professionals, open offices and begin seeing clients, can still develop our intuitive healing skills by paying closer attention to the details of our daily lives, especially our relationships.

Everyone carries a unique energetic signature, radiating from us in what some refer to as an aura. Not many of us can see auras but we can all feel them. An angry person feels angry. A loving person feels loving. Before they say a word or do anything, we can usually perceive their energy field. When we consciously begin paying attention, our perception increases and a whole new world opens for us. We have entered the domain of “Energy Medicine,” not first as a healer of others but as a participant in the mysterious dance of life force originating from a source beyond description.

In fact, it is natural. A mother holds her child. A coach gives his team a pep talk. A musician strokes strings or keys. We all transmit energy through every form we use, but those who do it consciously are co-creating an impact that is cumulative and is, literally, changing the future. “As within, so without” may be a term that originated in ancient Hermeticism, but it is a widely accepted spiritual principle today. Indeed, philosophers of old have long advised that our visible reality is a reflection of invisible energetic fields. When we become deliberate about our participation in those fields, we develop the ability to “change the world.”

What does the future hold, then, if more and more of us are beginning to be responsible for our energetic contribution as interest in these matters increases? Futurist Ray Kurzweil and others have popularized a term, “The Singularity.” It was originated in 1993 by science fiction writer Vernor Vinge who described it this way:

It is a point where our old models must be discarded and a new reality rules. As we move closer



to this point, it will loom vaster and vaster over human affairs till the notion becomes commonplace. Yet when it finally happens it may still be a great surprise and a greater unknown.⁴

The French priest and paleontologist Pierre Teilhard de Chardin wrote about his vision for the future:

Like a vast tide, Being will have engulfed the shifting sands of being. Within a now tranquil ocean, each drop of which, nevertheless, will be conscious of remaining itself, the astonishing adventure of the world will have ended. The dream of every mystic, the eternal pantheist ideal, will have found its full and legitimate satisfaction.⁵

Certainly, what is brewing for the future is mysterious. But we are already proving that the old laws do not work the way we thought they did. In his recent book, *Breaking the Habit of Being Yourself*, Dispenza (2012) writes about a prayer experiment conducted by an Israeli doctor in 2000 where 3,393 hospital patients suffering from sepsis (an infection) were divided into two groups. The intention was to determine if prayer at a distance could affect a measurable influence.


Results indicated that those patients who were prayed for “benefited from an earlier decrease in fever and a shorter hospitalization time.”⁶ That is truly remarkable, but there is more:

Actually, those who were praying weren’t praying for patients who were infected in 2000. Instead, unbeknownst to them, they were praying for lists of people who had been in the hospital from 1990 to 1996—four to ten years prior to the experiment! The prayed-for patients actually got better during the 1990s from the experiment conducted years later. Let me say this another way: the patients who were prayed for in 2000 all showed measurable changes in health, but those changes took effect years before.⁶

That is a real mind-bender! It indicates that whatever this life force is, what the people praying transmitted and what the Reiki master, the polarity therapist and the shaman transmit, is not limited in space and time.

The power of love can be harnessed and expressed for the benefit of others, including those in distant places and times.

All of us are transmitting energy all the time. Our moments may seem ordinary, but they bring us the “target” of the moment, the opportunity, in this moment, to flow source energy, however we would describe it, with others and into the world around us. But this starts within us.

Yes, there are those who have special talents for energy healing, but all of us are innately able to transmit energy and, when we choose to become more conscious about the quality of our transmission, we can fulfill Gandhi’s famous injunction, to “be the change we wish to see in the world.” 



Author Master Charles Cannon can be found at www.Synchronicity.org and author Will Wilkinson can be found at www.WillTWilkinson.com.

References:

1. Sheldrake, R. (2012). *Setting science free*. New York: Deepak Chopra Books
2. Sheldrake, R. (1981). *A new science of life*.
3. Hawkins, D. (2012). *Power vs. force*. Carlsbad, CA: Hay House Inc.
4. Newitz, A. (2010). What is The Singularity and will you live to see it?, *Gizmodo.com*, Retrieved from <http://io9.gizmodo.com/5534848/what-is-the-singularity-and-will-you-live-to-see-it>
5. Russell, P. (1998). *Waking up in time*. Novato, CA: Origin Press.
6. Dispenza, J. (2012). *Breaking the habit of being yourself*. Carlsbad, CA: Hay House Inc.