

# MONEY AS

by Marilee Tolen, RN, HNC, HTCP/I

# Energy

## The “Silver” Years

What do you envision when you hear “Silver Years” as a descriptive for the latter part of life? For many it is an image of gray and silver heads on aging and weakened bodies.

In the new paradigm of wellness and holism there is a whole new meaning to ‘Silver’ as it relates to growing older. It stands for richness, strength, and durability – just like the metal itself.

Many of us in healing and service professions who work with older folks know that the greatest wisdom, knowledge and sensitivities of life are harnessed within our elderly population. From their knowledge and experience, the information their energy fields carry is vast. They not only hold their own personal knowingness but also the collective of their era.

Those of us who have done Healing Touch on the elderly see that their seemingly delicate and sensitive energy systems as not needing much energy. Their ability to receive energy (an electrical current) is heightened. Silver, as a metal, has the highest electrical conductivity of any substance.

How often do we say how remarkable our elders are when we allow them to shine?

The compounds of silver are much the same. Its halogen salts are remarkable when light hits them. And interestingly, silver has been an exchange coin since ancient times. Alchemists called it “Luna” after the goddess of the moon.

We need to reclaim our awareness of, and value for, these very special people. Too many people tuck their elders away and put them aside in facilities, just as silver coins are tossed on the shelf and forgotten.

Let’s celebrate our elders and their wisdom.

About the author:

Marilee Tolen is board certified in Holistic Nursing, a graduate of the Barbara Brennan School of Healing Science, completed Intuition Training with Caroline Myss, and has practiced and taught Healing Touch for over 12 years.

She has integrated abundance and prosperity principles into her professional life for three decades. Her studies of the energy of money became her specialty at the Brennan School in 1996 as demonstrated in her thesis “Currency As Consciousness” ©. She is a contributing author to the recently acclaimed award winning book *Invitation to Holistic Health: A Guide to Living a Balanced Life* (Bartlett and Jones) writing the chapter on “Financial Health.”

Marilee has taken her healing work to the World Wide Web and has created a virtual community for holistic health care professionals and others interested in natural healing.

She is now teaching marketing for healers helping them to launch (or re-energize) their practices. Her e-book “Eight Steps to Kick Start Your Practice” [http://snipurl.com/8steps\\_ebook](http://snipurl.com/8steps_ebook) is now available and her very popular course in Internet Marketing <http://www.introtointernetmarketing.com> has been successfully attended by many in the Healing Touch community.

Follow Marilee on her new podcast program The “Green Tea with Marilee” Show at <http://www.GreenTeawithMarilee.com> and sign up for her free Tips of the Week at her website <http://www.HomeSpaLady.com>.