

MONEY AS

by Marilee Tolen, RN, HNC, HTCP/I

Energy

Remembering Who We Are As Creative Beings

Lessons from Children

Children love to create things.

They are often in a state of “creative essence” which is a natural state of being for all people, and most easily accessible for children. It is a place of timelessness, joy, creativity, fun, and is totally void of ego. Amazing things can happen from this place, and much can be manifested.

Barbara Brennan, healer and author of “Hands of Light,” often alludes to this state of Creative Essence in her Healing Science work and calls it the “Core Star.” According to Brennan, the Core Star, or Creative Essence, is the place where we truly experience our co-creative nature with the Divine. It is where we can experience miracles and manifest things beyond our individual human abilities. It is where healing happens.

All people have this creative essence but most forget. If you want to be reminded of your creative essence, spend some time with a child at play. Make sure it’s a child who has not yet been trained about the “doing-ness” of life but rather one who has been allowed to have “being-ness”.

It is easy to forget how to access this creative essence. Another thing you can do to remember is to observe how you identify yourself in the world.

Do you identify who you are by what you do? Or do you identify who you are by how you are? Minimizing the doing and maximizing the being allows the creative essence to show up more readily in your life. And the place where it needs to show up the most is right in front of you.

So if you want to practice accessing your Creative Essence or

Core Star, schedule a day with your favorite child and play, play, play.

About the author:

Marilee Tolen is board certified in Holistic Nursing, a graduate of the Barbara Brennan School of Healing Science, completed Intuition Training with Caroline Myss, and has practiced and taught Healing Touch for over 12 years.

She has integrated abundance and prosperity principles into her professional life for three decades. Her studies of the energy of money became her specialty at the Brennan School in 1996 as demonstrated in her thesis “Currency As Consciousness” ©. She is a contributing author to the recently acclaimed award winning book *Invitation to Holistic Health: A Guide to Living a Balanced Life* (Bartlett and Jones) writing the chapter on “Financial Health.”

Marilee has taken her healing work to the World Wide Web and has created a virtual community for holistic health care professionals and others interested in natural healing.

She is now teaching marketing for healers helping them to launch (or re-energize) their practices. Her e-book “Eight Steps to Kick Start Your Practice” http://snipurl.com/8steps_ebook is now available and her very popular course in Internet Marketing <http://www.introtointernetmarketing.com> has been successfully attended by many in the Healing Touch community.

Follow Marilee on her new podcast program *The “Green Tea with Marilee” Show* at <http://www.GreenTeawithMarilee.com> and sign up for her free *Tips of the Week* at her website <http://www.HomeSpaLady.com>.