

# Essential Energy with Cyndi Dale

by Cyndi Dale

## CELEBRATION! For A World Full of Love

It is wonderful, to be around someone who loves birthdays. Children especially delight in reaching the next stage, assigning a magical power to the flip of the calendar. Case in point, my youngest son Gabe turned eleven in December, yet when asked how old he is, he answers this:

“I’m turning thirteen.”

Explaining the discrepancy between his “real age” and “preferred age,” he states, “I’m close enough to being a teenager, and I certainly act like one already.”

Even if we do not like “getting on,” it is certainly better than the alternative. Besides, every birthday or anniversary is an opportunity to erase the old and call in the new. Why not throw a party, eat an entire chocolate cake, or revel in the super excitement of what is to come?

This month, we are celebrating the anniversary of Healing Touch. WOW! What is it like for Healing Touch Program to be in it’s 21st year of achievement and vitality? For what are you going to wish, when blowing out the candles?

I am going to answer these questions in a unique way - by playing the Fairy Godmother. No, not the nasty one that crashed Sleeping Beauty’s birthing ceremony and dumped her into years of depressive nightmares. I would rather fashion myself on Cinderella’s winged sponsor, as she not only granted wishes, but dreamed her protégé into an incredible future. My observation of Healing Touch, as well as, my wish for it, is that it be celebrated as the movement that it is. Yes, Healing

Touch is a group. It’s an organization. It’s a protocol, a philosophy, and a teaching. But it’s much, much more than that, and deserves to be recognized as such. It is also a movement.

Healing Touch Program is a group, and a great one. Groups are important. At any given time, each of us belongs to hundreds of them. There are ethnic, family, and friendship groups. There are groups we like and groups we do not like. Groups that exist and groups we long to join. (I have applied for card-carrying privileges to the group that grows money on trees, but I am continually rejected.) To qualify as a movement, however, a group’s central idea has to affect more than its member constituents or the people circling the outside hub. Unlike a mere group, a movement transforms those who do not even know the group exists.

As a movement, Healing Touch curves around corners, moves through walls, and bends minds. Its practitioners grasp stars and deliver them to earth. Its mere existence invites grace and light into lives everywhere, even into the hearts of those who have never heard of Healing Touch Program; even into the souls who have no hope of healing. You see, Healing Touch is about shared love and it is the giving of love that heals. The most powerful calling on this planet is to share love, for the slightest offering yields enormous results. Once started, love lights the world like strings of dynamite. There is simply no stopping it.

Love cannot be contained. If it were, it would not be love. It cannot be destroyed or it would not enable healing. A single group, organization, religion, institution, or paradigm cannot own love, but it can be spread love amongst them all. In that Healing Touch Program teaches, demonstrates, and upholds the sharing of love, it moves everyone toward healing, not only the relative few who participate in or through it.

As a practitioner, you know that your life has been changed for the better because of Healing Touch. You have given love, and now, you probably could not discontinue if you wanted to. Once

a person starts sharing love, he or she cannot quit. We are not light bulbs that glow only if plugged into a socket. We do not burn out from the beaming of our light. In fact, the more love we give, the brighter we become. The more we give and the more brilliant our love -- the more empowered the healings.

Love is, quite simply, something that can never be reduced. It can only expand. It can only advance, never retreat; catch, not sputter. Shift one person and everyone else with whom he or she connects is also transformed. Believe in love and there will be increased reasons to believe in love. Count your blessings and more appear.

So now I am taking out my magic wand and maybe a big box of Kleenex. For what would I wish? What future might I foretell for Healing Touch Program? How about following in the footsteps of a few other enormous greats and, quite simply, change the world?

As Buddha said, "There's a different way." Those who believed created it.

As Amelia Earhart said, "We can fly higher and longer." Those who opened their wings did.

As Martin Luther King Jr. said, "I have a dream." He did. Those who dreamed along with him, made it real.

As Healing Touch says, there is love. To share it is to become it. Perhaps one day, we will each become this love, and the entirety of the world will be healed.



About the author:

Cyndi Dale is the author of *The Subtle Body: An Encyclopedia of Your Energetic Anatomy*, and eight other

bestselling books on energy healing, including *The Complete Book of Chakra Healing*. She has worked with over 30,000 clients in the past 20 years. To learn more about Cyndi, her work, books and products please visit: [www.cyndidale.com](http://www.cyndidale.com)

Cyndi will be a Keynote speaker at this year's HT Worldwide Conference in Denver, CO.