

# The Bengston Energy Healing Method®

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The Energy Therapy That Cures -  
*Yes, Cures - Cancer*

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For more than 30 years, Dr. William Bengston has been researching a particular form of hands-on energy therapy he helped to develop. The results of experiment after experiment lead to an irrefutable conclusion: This particular form of “healing energy” can cure – yes, *cure* – cancer.

Dr. Bengston has proven the effectiveness of his technique in 10 controlled animal experiments conducted in five university biological and medical laboratories and has published dozens of papers on the results. His healing research has produced the first successful cures of transplanted mammary cancer and methylcholanthrene-induced sarcomas in experimental mice with his hands-on technique.

Even more astonishing, mice that had successful full cures also had no recurrences of cancer – they remained cancer-free no matter how many times they were re-injected with fatal doses of cancer. Also, there appears to be a morphic field-type “energy resonance” involved with this energy therapy, because the control groups of mice – infected with fatal doses of cancer but not given energy therapy – also remitted and became cancer-free.

The Bengston Energy Healing Method®, as Dr. Bengston has named it, is not only the first (and so far, only) form of hands-on energy therapy that has systematically been proven to cure cancer, it is also remarkably different from any form of energy healing with which therapists may be familiar. Many who have been trained in other energy modalities and then are trained in the Bengston Method acknowledge that there is a distinctive, undeniable and unparalleled intensity to it. If Reiki, for example, is a gentle stream, the Bengston Method is Niagara Falls.

Dr. Bengston’s laboratory research showed that the Bengston Method appears to hyper-stimulate the

immune system in mice. This means that, rather than shrinking tumors, the energy seems to hyper-cycle tumors out of the body. Think of time-lapse photography of a rose, that shows the rose going very, very quickly from bud to flower to decay, and then the rose no longer exists. With the lab mice, the tumors literally “exploded” out of their bodies.

It has been the clinical experience of Dr. Bengston, as well as the therapists he has trained, that this method appears to work best with individuals who have not had chemotherapy or radiation treatments. One hypothesis is that chemo and radiation may significantly and permanently compromise or “kill” the immune response, rendering the Bengston Method less effective, or completely ineffective, in individuals who have had those types of treatment, even many decades before.

Another unique signature of this therapy is that it works best on fast-growing cancers, like breast or pancreatic cancer, but takes much longer to work on slow-growing cancers, such as prostate cancer. As Dr. Bengston says, “What rushes in rushes out; what creeps in creeps out.”

Although all the formal research has been done on cancer, clinical experience shows that it is also extremely effective for other health challenges, including allergies, asthma, skin disorders, Alzheimer’s disease, gastrointestinal disorders, and much more. It is equally effective on animals, children and adults, and equally effective hands-on or at a distance.

The average number of treatments for a cancer patient is eight, but results can occur much more quickly with other diseases. For example, a woman sought treatment at our clinic for her mother Alzheimer’s, who was unable to recognize family members, hold an intelligible conversation, or do simple self-care



tasks. After just two Bengston Method sessions, she began recognizing many of her family members, called them by name, held engaging conversations (and laughed with them), and was able to put on and button her sweater. We have had several clients who completely resolved respiratory issues, including one woman who had lifelong asthma (fully resolved after 12 treatments) and two whose allergies completely cleared in less than eight sessions.

used those kinds of therapies at the same time have seen less successful results in every case.

For treatment, Dr. Bengston generally recommends sessions a week apart. They can be done more frequently, but that does not appear to improve the outcome. It seems that, with this modality, the human body takes about a week to process as much energy as is received during a treatment, and that trying to

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In our experience, common side effects of Bengston Method treatments are extreme emotional reactions and vivid dreams. Since the medical field of psychoneuroimmunology shows that emotional issues very frequently underlie physical disease, it appears that Bengston treatments may work simultaneously on any foundational emotional challenges as well as the physical disease to clear both aspects.

One interesting anomaly in our clinical experience shows that certain forms of other energy therapies may be contra-indicated, as they limit or eliminate the effectiveness of the Bengston Method. Since it appears that the Bengston Method energy is very “high powered” compared to other energy healing methods, it seems to seek or create an optimal energy frequency for each person’s healing process. So energy methods that attempt to “set” a certain frequency – such as Rife therapy, magnets, qi machines, even qi gong – appear to block or limit the Bengston Method energy and prevent it from achieving full effectiveness. They seem to get in the way of the ability of the energy to “explode” a disease out. Clients who have

give more energy sooner is like topping off a cup that is already full.

Dr. Bengston also discovered that cotton can be “charged” with this particular energy. Applying charged cotton to the tumor site of a cancer client appears to draw some level of diseased energy out of the body and at the same time continuing the Bengston Method energy as treatment. Depending on the type of cancer and location of tumors, or certain other health challenges, charged cotton appears to support the progress of therapy.

We are a very long way from discovering the full potential of this remarkable and truly unique energy modality. For more details, please go to Dr. Bengston’s website at [www.bengstonresearch.com](http://www.bengstonresearch.com), and to Amazon.com to order his book, *The Energy Cure*, or his set of CDs, *Hands-On Healing*.

Dr. Bengston now teaches his healing method around the world. ☺