



The Energetic Nature of Animals

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There is a profound energetic connection between animals, mother earth and the human spiritual path. Our lives can be deeply enriched by understanding this interplay.

Whether a pet, food animal or wildlife, animals are key to our survival and have much to teach us.

The energy field of an animal is far more expansive than ours. A dog's field is several times that of a human's. A horse's field will encompass a large arena and a cat's will fill an entire property. The energy of wildlife is especially important to earth's survival. They create frequencies that help maintain the vibrational health of the planet and all creatures on it. It is hypothesized that cetaceans are part of the earth's magnetic system, helping to stabilize it throughout our vast oceans. Sensory biologists already understand that many species migrate by utilizing the earth's magnetic field. As scientists gain greater awareness, cetaceans will be valued and protected at a higher level. *Save The Whales* takes on a whole new importance when the energetic survival of the planet is at stake!

Animals have a heightened sense of sight, hearing and smell, and they also have an advanced energetic sense. Their instinctual, integrated fields are quite powerful and keenly sensitive. It is as if they have radar along the edges. This is understandable when

we consider their need for survival in the wild. Moreover, animals do not hold onto negative energy as we humans do.

Despite their advanced nature, animals' energetic foundations are very similar to ours. They have all the major and minor chakras, and these exhibit the same physical and emotional correlations as ours do. Plus, an animal's instinctive energetic nature allows it to respond beautifully to vibrational therapies.

When I lecture about Energy Medicine in the veterinary setting, I recommend Healing Touch for Animals® (HTA) because its founder, Carol Komitor, understands animal (and human) energy at an expert level. She was immersed in the veterinary profession before developing her healing methods. Because animals are so sensitive, human-based modalities can be too forceful, thereby making the animal uncomfortable. If my clients would like to learn something other than HTA, I recommend they take courses specific to animals.

Animals as Healers

We humans are not the only beings on the planet who are capable of providing energy therapy. Many animals are gifted healers. A long-term study of feral cats in England found that when a member of the colony became ill, other cats encircled it and purred.



Purring is vibrational medicine! And it is hard to argue with the power of a dog's love. At the very minimum, a beloved pet opens our hearts, which is a type of energy medicine in and of itself. Nothing heals like unconditional love.

The benefits of Equine Assisted Therapy go way beyond documented effects such as improved muscle control and self-confidence. Horses are skilled energy healers and work at a level completely separate from what we see in the physical plane. A person does not have to be mounted on the horse to benefit from their healing energies. Their powerful energy fields

thing shifted; a vibration altered. My light brightened.

Animals are an ingenious manifestation of nature's divine energy. An animal's essence does not become diluted with issues of self-worth, guilt or shame. Anger and judgment do not disrupt their connections to Source. I have practiced energy medicine with many anxious, ill or pain-filled pets, yet their heart chakras remain open. The very essence of an animal allows powerful loving energy to come channeling through.

This direct relationship to divine energy can also be experienced as wisdom, and one of the most impor-

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help ground those around them, and they can also channel healing frequencies.

I have found that providing energy therapy for an animal enhances my own biofield, and I believe it goes beyond being immersed in the energy. Animals are highly spiritual beings and assisting in their healing actually raises us up to a higher level. We become more advanced energy practitioners.

The Spirituality of Animals

Every indigenous culture understands that there is a consciousness and spiritual connection that flows through animals and the earth, just as it does with humans. Humans are not the only ones with a spiritual nature. *Nature* has a spiritual nature. Many of us do not think of our pets as being part of our spiritual path, but I believe they are. They are of a divine essence. If you want to feel divinity, look into the eyes of an animal. Do not just glance—take a long, slow, deep look into its eyes.

I once had the enlightening experience of sitting next to a chimpanzee. I was in awe of this incredible creature and being next to her was a delight. Then I looked into her eyes. I was never the same after that. Some-

tant purposes of the animal kingdom is to mirror humans. Animals are a reflection of who *we* are. Wild and domestic animals show us the best and worst of humanity. They reveal our weaknesses, tragedies and wounds we are too hurt to see. Animals will teach us even if it means their own demise. It is part of who they are.

Wild animals also show humans that we are every bit as playful as otters splashing about in a stream, as magnificent as the most majestic eagle and as powerful as a polar bear guarding her cubs. Our pets have a more intimate connection to us and teach us in many ways. They come into our lives just when we need them, exiting once their spiritual jobs have been realized. Animal companions teach us by putting knowledge right where it counts—in our hearts. Their connection to a higher power can help us do amazing things.

If we want to learn more about ourselves, we need only observe our pets. They will show us the joy we can bring to life and the unconditional love all humans are instinctively capable of. They can also exhibit our weaknesses, so that we may gain clarity and overcome them. If you see an issue with your pet,



look in the mirror. Not with judgment and shame, but with gratitude for the awareness and opportunity to heal.

This is one of the most amazing ways animals are of service to humans. When I use the term *service*, I am not speaking of entitlement or domination. Being of service is *instinctive* to animals and part of their consciousness. And is that not the highest spiritual state a human can aspire to? When one is completely of service to another, he is living a truly spiritual life. People must evolve to this state. Animals are *born* in this state. No matter your belief system surrounding Jesus, I think most would agree that he was a highly evolved being. The story of his birth tells us he was born in a manger because there was no room at the inn. Or was there no room at the inn because he had to be born in a manger—humble yet sacred surroundings.

Let's go back to that memorable day when I was sitting next to the chimp. It was no wonder that something shifted within me. The feeling was beyond description. The energy emanating from her eyes was divine—there is no other word that describes it. We are all part of this force; it is a physical manifestation of our spirituality.

Animals work under the radar, in different forms, yet knowingly leading humanity to wholeness. All we need is to receive their gifts. My hope is that you will consider learning an energy healing modality for animals, and someday each of you will come to know them as I do. €



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