



6. SEPTEMBER 2007 - HILTON HEAD - CORMORANT ON BRIDGE - IN FLIGHT - ON WATCH ..... CORMORANT

by Christine (Tina) Devoe, RN, CHTP/I

# Notes from my Watercolor Journal

The 11th Annual Healing Touch International Conference in Hilton Head, SC



SUNRISE - 7 SEPTEMBER HILTON HEAD, SC



It is a beautiful setting here for conference. Faces of my fellow healers are radiant. We gather together to learn about our whole selves. The bright Sun shows definitive shadows. I am challenged to paint the "darks" dark enough in my paintings. As a healer I am challenged to hold light and love to my shadow side. The Instructor's Meeting was a modeling and experiential piece to hold love and light for the community too.

I found the cormorant sitting on the bridge and found pleasure in his movement.  
Sunrise is a new beginning with peace on the horizon. Yoga refreshes body, mind and spirit.



The HTI Conference “Consciousness” Theme kept weaving its way through the days. I was illuminated by the futurist, Leanne Kaiser Carlson. Her words and images from the black and white photojournalist, Eddie Adams from the book, *Speak Truth to Power* by Kerry Kennedy, followed me in my dreams. I have 108 Wisdom Principles to live and breathe by, thanks to Leanne Kaiser Carlson’s generosity.

Sacred Singing and Holy Dancing on Friday Night to the drumming of KIVA shook the heavens and earth. Inspired by Lynne McTaggart’s keynote, we were asked to hold intention for ten minutes for seeds in an experiment in consciousness for the University of Arizona’s research on Consciousness and Health. Standing by for the results, sends chills through me.

Dr. Valerie Hunt, vibrant at 94, made a virtual visit to share her Bioscalar Technique and urged me to teach my clients to do this at home. All Healing is Self Healing!



In the Soul Journaling class with Laurie Pointer, I went deep and quick with her guided instruction.

Healing Waves on the beach was a Tai Chi/Chi Kung Class playing in the wind and sun.

The Banquet offered delicious food, friendship and fellowship. It was followed by a concert by KIVA.

It is hard to believe that on Sunday there was more to share. We had a time to share our Healing Touch Stories and view the developments of Healing Touch around the world.

In ceremonial goodbye, we huddled together like the Emperor Penguins. We each took away a gift from another expansive experience of Healing Touch International Conference. And to think, I had time to paint... €

### **Christine's Bio:**

Christine Devoe integrates her training in touch therapies with a holistic nursing philosophy to empower her clients with the self-awareness of body, mind and spirit. She draws from her 20 years of maternal child health experience as a labor and delivery nurse and patient educator for high-risk pregnancies. As a member of the Department of Integrative Medicine at Calvert Memorial Hospital, she pioneered the practice of Healing Touch and Massage. Tina has written coursework to include Holistic Approaches to Wellness and Medical Massage for College of Southern Maryland. Through her teaching and workshops, she aims to increase knowledge of the human biofield and its relevance to health. Tina resides in Amelia Island Plantations where she is growing a new Healing Touch Community. Watercolor is her passion.