

Mentoring Students Through To Certification Success

by Janna Moll, HTCP/I, SEM, CMT

To mentor another is a great honor and a huge responsibility. One of those descriptors should not outweigh the other. It really takes both perspectives to get the most out of mentoring students through HTP program completion and/or Certification.

The role of an HTP mentor brings many joys. You get to teach what you love and know to others. Mentoring is great training toward being an instructor of HT as it presents many opportunities to deepen your awareness of the HT program, techniques, theories and practice. As well, it offers you opportunities to expand your ability to talk about these areas with others. You regularly hold the space for another's learning through discussions about the mentee's growing awareness of energy and practice, and personal development. This space we hold is a heart-centered space, not an overly critical space. You are nurturing your future peers in our growing HT community, which also means you are building your own support and network opportunities. Through your mentees you learn what other disciplines and integrative practitioners are available in your community, as well as what new books are available to expand your knowledge or practice. You recognize the joy of giving back for what you received as you went through the program and applied for certification. If you are experienced enough you may also get paid.

The role of an HTP mentor also comes with many responsibilities. It is your job to give the best and most accurate advice to your mentee/s. This might involve taking extra training. In fact, if it has been awhile since you have successfully mentored someone through certification, it most likely does. [Check out the [Mentor Training Course!](#)] The responsibility to remain current with the homework deliverables for HT 5 and certification application comes just by carrying the title of 'mentor.' Being a mentor means being many things to a mentee; confidante, supporter, challenger, friend, teacher, etc. But the role also comes with personal responsibilities, such as holding good boundaries, engaging in regular self care, being able to see the bigger picture and generally, modeling the behavior we want to see from

HT professionals. You have the responsibility to be considerate and timely in evaluating and returning a mentee's materials. It is your job to teach what was missed, pull forth additional knowledge held deep within and to help expand the practice arena for your mentee.

These are only **some** of the benefits and duties of the role of HTP mentor. You may find or know many more. If you are actively mentoring, I deeply thank you. You are one of our most valued assets! If you would like to mentor and are not sure how to get started call me, or the HTP office. Another Mentor Training class starts at the end of September and it was created specifically for the new HTCP. If you are an experienced mentor needing to be updated, please ask about an audit option and check out the testimonials from previous classes.

HTP **needs** more good mentors! We are committed to helping anyone who wants to be one get the training and support they require. Your future mentees thank you!

About the author:



Janna has been involved with healing disciplines in energy medicine since 1993. She teaches energy classes to all ages, at all levels and specializes in making hard to understand concepts easy. Janna supports the surgical process with energy treatment pre-op through post-op. She owns Energy Medicine Specialists (coursework) and Energy Medicine Credentialing (consulting on standards for the EM field) and has a private practice in the South Denver area called the Heart Healing Center.