

# My Experience Offering Introduction to Healing Touch Presentations

By Nancy A. Strick, RN, BA, CHTP/I

During the second day of my Healing Touch Level 1 class in Cincinnati in August 1997 I knew this was the work I wanted to be doing for the rest of my life. I wanted the world, most particularly Northeast Ohio, to know about this wonderful holistic modality.

I was accustomed to speaking engagements in my role as a clinical trials coordinator for Alzheimer's research at University Hospitals of Cleveland. In fact, I once substituted for the Director of the Alzheimer's Center when he was unable to keep an appointment to tape an interview, at a Cleveland television station, about the first drug that was being studied for the treatment of Alzheimer's disease.


Shortly after attending Level 2 in September 1997 and for the next ten years I offered Introduction to Healing Touch presentations at every opportunity – to church and community organizations, to the staff of nursing homes, to teachers, to the nursing staff at Akron hospitals, and at several VA hospitals throughout Ohio as part of the Complementary and Alternative Medicine (CAM) initiative by the VA's Geriatric Research Education and Clinical Center.

Despite all of this experience, I was thrilled when Healing Touch Program announced that an Introduction to Healing Touch Presentations class was being initiated for instructors, practitioners and Level 4/5 students. I contacted the HTP office and offered to coordinate a class. There happened to be one free day between two already scheduled workshops that Laurie Pointer was to teach in Asheville, NC and St. Paul, MN. Time was of the essence to make all the arrangements and market the class. Fortunately, my colleagues in the area were interested and my community library in Hudson, Ohio had a room available.

With short notice and Christmas just two weeks away, nine practitioners and two Level 4 students were able to rearrange their schedules in order to attend on December 10, 2007. Laurie was warm, gracious, and engaging as she presented the material. I had been using the Introduction to Healing

Touch DVD since it was released in March 2007 but to learn there was now a Power Point available for both one-hour and three-hour presentations was exciting.

The greatest benefit from the Presentations class is that I now have the tools to improve the quality of my Introduction to Healing Touch presentations. In February I presented Nursing Grand Rounds at two Cleveland Clinic System hospitals - Marymount and South Pointe. By submitting an outline several weeks in advance of my presentation to the education departments at the hospitals, they were able to apply for contact hours from the Ohio Nurses Association (ONA) for the 100 or so nurses who attended. The same concept was applied at Akron General Medical Center during Nurses Week in May of this year where over 70 nurses were in attendance. Continuing education contact hours are an incredible incentive for nurses.

Whether presenting to nurses, hospice volunteers or community organizations, be assured that attending a **Presentations** class will give you the tools, the skills and the confidence to offer a highly professional **Introduction to Healing Touch**. This one day workshop will greatly improve your ability to spread the word about Healing Touch. I encourage you to take advantage of this wonderful opportunity that Healing Touch Program has made available to instructors, practitioners and Level 4/5 students. 

About the author:

Nancy has been a Healing Touch Certified Practitioner since 2000 and a Certified Level 1 Instructor since 2005. In addition to teaching and offering wellness and self-care workshops to business and professional organizations, she has a private Healing Touch practice in Hudson, OH. She is one of the founders of Healing Touch of Northeast Ohio (HTNEO) and is a member of Healing Touch Professional Organization and the American Holistic Nurses Association. It was at the 1997 AHNA conference in Olympia, WA where she first heard of Healing Touch. She was inspired to learn Healing Touch because “everyone I met at that conference was a Healing Touch practitioner and I thought they were the most loving and compassionate people I had ever met.”